



Flying Kick Fitness

Learn Taekwondo in a fun and safe environment! We welcome students from ages 3 and up. We help each student grow and achieve according to his or her own capability.

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New After School TaeKwonDo Program in Bethesda!



Flying Kick After School Program Fall 2018

- Children will be picked up after school in our Flying Kick van and brought to the studio.
- Upon arrival at the studio, there will be supervised time for a parent-provided snack, homework or group activities, and TaeKwonDo training between 3:30 and 6:30.
- Parents can pick children up at our Bethesda studio between 5:30 and 6:30pm.
- No previous TaeKwonDo experience is necessary; all levels can participate.
- Parents must notify the school that their children will be picked up by Flying Kick.
- The program will operate on all school days, including early dismissal.

About Flying Kick TaeKwonDo

TaeKwonDo is the most popular martial art in the world. Our studio in Bethesda has offered TaeKwonDo training for the whole family seven days a week for over 22 years. Each class is taught with a little bit of discipline and a whole lot of fun. Enrollment is ongoing; come in any day for a free trial class! Visit our website and facebook page for more information.