



## Flying Kick Fitness

Learn Taekwondo in a fun and safe environment! We welcome students from ages 3 and up. We help each student grow and achieve according to his or her own capability.

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TaeKwonDo is the most popular martial art in the world. Our studio in Bethesda has offered TaeKwonDo training for the whole family seven days a week for over 22 years. Each class is taught with a little bit of discipline and a whole lot of fun. Enrollment is ongoing; come in any day for a free trial class!

New for the 2018-2019 school year: Flying Kick will be offering an after school enrichment program. Children will be picked up after school in our Flying Kick van and transported to the studio for TaeKwonDo training and supervised / snack / homework / play time. Contact our office now for more information.