



**FLYING KICK FITNESS – www.flyingkicktkd.com
 4711 Chase Avenue, Bethesda, MD 20814 (301)951-0543
 STUDIO SCHEDULE OF CLASSES Starting September 9, 2020**

<i>SUN</i>	<i>MON</i>	<i>TUES</i>	<i>WED</i>	<i>THURS</i>	<i>FRI</i>	<i>SAT</i>
C						Adults/Adolescences 9:00 - 10:00 am
L	Private Group Lessons	Private Group Lessons		Private Group Lessons	Private Group Lessons	Family Class 10:30 - 11:15 pm
O	Private Group Lessons	Private Group Lessons		Private Group Lessons	Private Group Lessons	White Belt/ Yellow Stripe/Yellow Belt/Green Stripes 11:45 – 12:30 pm
S S	Private Group Lessons	Private Group Lessons	White Belt /Yellow Stripe/Yellow Belts/Green Stripe /Green Belt/Blue Stripe 4:15 – 5:00 pm	Private Group Lessons	Private Group Lessons	Green Belt/Blue Stripe/Blue Belts /Red Stripes 1:00 – 1:45 pm
E	Private Group Lessons	Private Group Lessons	Blue Belt /Red Stripe/Red Belts/Black Stripe 5:30 – 6:15 pm	Private Group Lessons	Private Group Lessons	Red Belt/Black Stripe/Black Belts 2:15 – 3:00 pm
D	Private Group Lessons	Private Group Lessons	Black Belts /Adolescences/ Adults 6:45 – 7:30	Private Group Lessons	Private Group Lessons	

We help each student learn and grow according to his or her own capability.