



FLYING KICK FITNESS – www.flyingkicktkd.com

4900 Auburn Ave, Ground Level, Bethesda, MD 20814 (301)951-0543

SUMMER SCHEDULE OF CLASSES Starting June 10, 2022 – September 3, 2022

SUN	MON	TUES	WED	THURS	FRI	SAT
C L O S E D	C L O S E D					Adolescents/Adults 9:00-10:30 am
						4 years old 10:40-11:20 am
						White/Yellow Belts 11:30 – 12:15 pm
						Green/Blue/ Red/Black Belts 12:30 – 1:20 pm
		White/Yellow Belts 5:30 – 6:20 pm	Red/Black Belts 5:30 – 6:20 pm	White/Yellow Belts 5:30 – 6:20 pm	White/Yellow Belts 5:30 – 6:20 pm	Family Class 1:30 - 2:30 pm
		Green/Blue/ Red/Black Belts 6:30 – 7:20 pm	Family Class 6:30 – 7:20 pm	Green/Blue/ Red/Black Belts 6:30 – 7:20 pm	Green/Blue/ Red Belts 6:30 – 7:20 pm	
		Adolescents/Adults 7:30-8:30 pm	Adolescents/Adults 7:30-8:30 pm	Adolescents/Adults 7:30-8:30 pm	Black Belts 7:30 – 8:20 pm	

Birthday Parties and/or Private Lessons on Saturdays